

NEWS RELEASE

April 7, 2020 For More Information: Marion Champion, 760.604.4120 Public Information Officer

College of the Desert PaCE Offering Online Personal Enrichment Training Opportunities

Coachella Valley residents homebound under COVID-19 restrictions can connect with others while taking advantage of a number of personal enrichment trainings through the College's Partnership and Community Education program.

"We offer a wide range of highly interactive trainings that can be taken entirely over the internet," said Veronica Izurieta, PaCE program manager. "All are led by highly experienced subject matter experts, many of whom are nationally known authors."

Open to the general public, training sessions are designed in six-week blocks and can be completed in either a self-paced or subject matter expert led online classroom environment. Prices vary, with the average cost being just \$115.

Some of the more popular trainings include:

- Photography
- Computers
- Writing/Publishing
- Nutrition/Healthy Living
- Meditation/Mindfulness
- Music Therapy & Sound Healing
- Stress Management
- Foreign Languages
- Blogging & Podcasting
- Achieving Success with Difficult People
- Drawing
- Genealogy
- Handling Medical Emergencies
- Healthy Relationships

New training sessions are forming daily. For more information or to register online, visit PaCE's <u>Lifelong Learning & Personal Enrichment page</u>