

# NRN 240C: HEALTH & WELLNESS IN THE GROWING FAMILY: CLINICAL

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## New Course Proposal

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### Originator

ahetherington

### Co-Contributor(s)

#### Name(s)

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### Justification / Rationale

Major curriculum revision. Editing based on accrediting agency feedback.

### Effective Term

Fall 2024

### Credit Status

Credit - Degree Applicable

### Subject

NRN - Nursing

### Course Number

240C

### Full Course Title

Health & Wellness in the Growing Family: Clinical

### Short Title

HLTH WELLNSS GRW FAM CL

### Discipline

#### Disciplines List

Nursing

### Modality

Face-to-Face

### Catalog Description

This course focuses on promotion, maintaining, and restoring health of growing families and applying theoretical concepts to clinical practice. Emphasis is on the nursing care of the woman during the antepartum, intrapartum, postpartum phases of pregnancy, as well as newborn nursing care. Program concepts of professionalism, evidenced-based practice, holistic client-centered care, communication, and safety are integrated throughout this clinical course. Students must be concurrently enrolled in NRN 240. Limitation on enrollment: Acceptance into the nursing program.

### Schedule Description

This course provides an opportunity to apply the skills needed to meet the basic needs and maintenance of clients to achieve optimal wellness. Learning will take place in various clinical settings. Students must be concurrently enrolled in NRN 240. Limitation on enrollment: Acceptance into the nursing program.

### Lab Units

1

**Lab Semester Hours**

54

**In-class Hours**

54

**Out-of-class Hours**

0

**Total Course Units**

1

**Total Semester Hours**

54

**Prerequisite Course(s)**

NRN 210

NRN 210C

**Required Text and Other Instructional Materials****Resource Type**

Web/Other

**Open Educational Resource**

No

**Year**

2021

**Description**

Lippincott-Ricci Maternity and Pediatric Nursing Course Point Enhanced- 4th edition

**Resource Type**

Web/Other

**Open Educational Resource**

No

**Year**

2020

**Description**

Lynn-Lippincott's Nursing Skills for Education 1st edition

**Resource Type**

Web/Other

**Open Educational Resource**

No

**Year**

2020

**Description**

Lippincott's Course Point+ Enhanced for Med/Surg w/NextGen VSim, Honan 2nd edition.

**Resource Type**

Web/Other

**Open Educational Resource**

No

**Year**

2020

**Description**Lippincott's DocuCare

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**Class Size Maximum**

6

**Entrance Skills**

Utilizes appropriate communication styles for various patients and families, nurses, and other members of the interdisciplinary team.

**Requisite Course Objectives**

NRN 240-Utilize communication skills that promotes caring, therapeutic relationships with childbearing families and newborn. (communication)

NRN 240-Act as a patient advocate when collaborating with members of the interprofessional healthcare team in the provision of safe, quality care for childbearing families and newborns. (additional clinical)

NRN 240-Utilize professional communication skills with the members of the interdisciplinary team. (additional clinical)

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**Entrance Skills**

Promotes health and quality improvement.

**Requisite Course Objectives**

NRN 240-Explain ethical, legal, and professional standards relating to the childbearing family and newborns. (professionalism)

NRN 240-Act as a patient advocate when collaborating with members of the interprofessional healthcare team in the provision of safe, quality care for childbearing families and newborns. (additional clinical)

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**Entrance Skills**

Promotes and coordinates health care in today's environment.

**Requisite Course Objectives**

NRN 240-Develop basic, evidence-based plans of care for the childbearing family and newborns. (nursing role)

NRN 240-Explain ethical, legal, and professional standards relating to the childbearing family and newborns. (professionalism)

NRN 240-Identify community resources to refer the childbearing family to for health needs. (health teaching)

NRN 240-Act as a patient advocate when collaborating with members of the interprofessional healthcare team in the provision of safe, quality care for childbearing families and newborns. (additional clinical)

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**Entrance Skills**

Demonstrates the concept of Caring in Nursing.

**Requisite Course Objectives**

NRN 240-Develop basic, evidence-based plans of care for the childbearing family and newborns. (nursing role)

NRN 240-Identify cultural variations in care of the childbearing family and newborn. (cultural awareness)

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**Entrance Skills**

Identifies cultural differences that may impact the care of the client.

**Requisite Course Objectives**

NRN 240-Identify cultural variations in care of the childbearing family and newborn. (cultural awareness)

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**Entrance Skills**

Recognizes beliefs and characteristic that influence health care.

**Requisite Course Objectives**

NRN 240-Interpret health-related education needs of the childbearing family and newborns. (health teaching)

NRN 240-Identify cultural variations in care of the childbearing family and newborn. (cultural awareness)

NRN 240-Utilize communication skills that promotes caring, therapeutic relationships with childbearing families and newborn. (communication)

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**Entrance Skills**

Elaborates on basic principles of health teaching for adult clients.

**Requisite Course Objectives**

NRN 240-Interpret health-related education needs of the childbearing family and newborns. (health teaching)

NRN 240-Identify community resources to refer the childbearing family to for health needs. (health teaching)

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**Entrance Skills**

Promotes and evaluates learning of all types.

**Requisite Course Objectives**

NRN 240-Interpret health-related education needs of the childbearing family and newborns. (health teaching)

NRN 240-Identify community resources to refer the childbearing family to for health needs. (health teaching)

NRN 240-Act as a patient advocate when collaborating with members of the interprofessional healthcare team in the provision of safe, quality care for childbearing families and newborns. (additional clinical)

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**Entrance Skills**

Distinguishes between health promotion and disease prevention.

**Requisite Course Objectives**

NRN 240-Interpret health-related education needs of the childbearing family and newborns. (health teaching)

NRN 240-Identify cultural variations in care of the childbearing family and newborn. (cultural awareness)

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**Entrance Skills**

Able to document care of patients utilizing appropriate legal guidelines.

**Requisite Course Objectives**

NRN 240-Explain ethical, legal, and professional standards relating to the childbearing family and newborns. (professionalism)

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**Entrance Skills**

Demonstrates self awareness of personal values and ethics and their impact on nursing practice.

**Requisite Course Objectives**

NRN 240-Explain ethical, legal, and professional standards relating to the childbearing family and newborns. (professionalism)

NRN 240-Utilize communication skills that promotes caring, therapeutic relationships with childbearing families and newborn. (communication)

NRN 240-Act as a patient advocate when collaborating with members of the interprofessional healthcare team in the provision of safe, quality care for childbearing families and newborns. (additional clinical)

NRN 240-Utilize professional communication skills with the members of the interdisciplinary team. (additional clinical)

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**Entrance Skills**

Defines the major legal aspects of nursing practice.

**Requisite Course Objectives**

NRN 240-Explain ethical, legal, and professional standards relating to the childbearing family and newborns. (professionalism)

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**Entrance Skills**

Recognizes the significance of reporting and documenting client data.

**Requisite Course Objectives**

NRN 240-Develop basic, evidence-based plans of care for the childbearing family and newborns. (nursing role)

NRN 240-Explain ethical, legal, and professional standards relating to the childbearing family and newborns. (professionalism)

NRN 240-Act as a patient advocate when collaborating with members of the interprofessional healthcare team in the provision of safe, quality care for childbearing families and newborns. (additional clinical)

NRN 240-Utilize professional communication skills with the members of the interdisciplinary team. (additional clinical)

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**Entrance Skills**

Identify nursing professional and ethical Standards of Care.

**Requisite Course Objectives**

NRN 240-Explain ethical, legal, and professional standards relating to the childbearing family and newborns. (professionalism)

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**Entrance Skills**

Identifies the characteristics of nursing professionalism.

**Requisite Course Objectives**

NRN 240-Explain ethical, legal, and professional standards relating to the childbearing family and newborns. (professionalism)

NRN 240-Act as a patient advocate when collaborating with members of the interprofessional healthcare team in the provision of safe, quality care for childbearing families and newborns. (additional clinical)

NRN 240-Utilize professional communication skills with the members of the interdisciplinary team. (additional clinical)

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**Entrance Skills**

Discerns the legal responsibilities of nursing students.

**Requisite Course Objectives**

NRN 240-Explain ethical, legal, and professional standards relating to the childbearing family and newborns. (professionalism)

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**Entrance Skills**

Describes nursing strategies and interventions to assess, promote and maintain optimum wellness, including the components of activity, rest, circulation, respiration, food, fluids, and elimination.

**Requisite Course Objectives**

NRN 240-Develop basic, evidence-based plans of care for the childbearing family and newborns. (nursing role)

NRN 240-Discuss the nutritional needs of the childbearing family and newborn. (nutrition)  
NRN 240-Identify safety assessment needs for the childbearing family and newborns. (safety)  
NRN 240-Identify community resources to refer the childbearing family to for health needs. (health teaching)

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**Entrance Skills**

Identifies nursing interventions to establish client's nutritional goals.

**Requisite Course Objectives**

NRN 240-Discuss the nutritional needs of the childbearing family and newborn. (nutrition)

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**Entrance Skills**

Discuss the role of sociocultural, developmental, financial, spiritual, religious, cultural, and physical factors, and how their variations influence nursing care.

**Requisite Course Objectives**

NRN 240-Interpret health-related education needs of the childbearing family and newborns. (health teaching)  
NRN 240-Identify cultural variations in care of the childbearing family and newborn. (cultural awareness)  
NRN 240-Identify community resources to refer the childbearing family to for health needs. (health teaching)

NRN 240-Act as a patient advocate when collaborating with members of the interprofessional healthcare team in the provision of safe, quality care for childbearing families and newborns. (additional clinical)

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**Entrance Skills**

Describe how the nurse fosters a therapeutic environment through nursing interventions that maintain clients' physical comfort and safety.

**Requisite Course Objectives**

NRN 240-Develop basic, evidence-based plans of care for the childbearing family and newborns. (nursing role)

NRN 240-Act as a patient advocate when collaborating with members of the interprofessional healthcare team in the provision of safe, quality care for childbearing families and newborns. (additional clinical)

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**Entrance Skills**

Implements the nursing process.

**Requisite Course Objectives**

NRN 240-Develop basic, evidence-based plans of care for the childbearing family and newborns. (nursing role)

NRN 240-Describe common pharmacological agents used in the care of the childbearing family and newborns. (pharmacology)  
NRN 240-Explain ethical, legal, and professional standards relating to the childbearing family and newborns. (professionalism)  
NRN 240-Interpret health-related education needs of the childbearing family and newborns. (health teaching)  
NRN 240-Identify cultural variations in care of the childbearing family and newborn. (cultural awareness)  
NRN 240-Utilize communication skills that promotes caring, therapeutic relationships with childbearing families and newborn. (communication)  
NRN 240-Identify safety assessment needs for the childbearing family and newborns. (safety)

NRN 240-Act as a patient advocate when collaborating with members of the interprofessional healthcare team in the provision of safe, quality care for childbearing families and newborns. (additional clinical)

**Entrance Skills**

Understands the multiple components of a physical assessment.

**Requisite Course Objectives**

NRN 240-Identify safety assessment needs for the childbearing family and newborns. (safety)

**Entrance Skills**

Establishes priorities in client health care needs.

**Requisite Course Objectives**

NRN 240-Interpret health-related education needs of the childbearing family and newborns. (health teaching)

NRN 240-Identify safety assessment needs for the childbearing family and newborns. (safety)

**Entrance Skills**

Understands the use of technology and informatics in the health care system and in nursing practice.

**Requisite Course Objectives**

NRN 240-Act as a patient advocate when collaborating with members of the interprofessional healthcare team in the provision of safe, quality care for childbearing families and newborns. (additional clinical)

NRN 240-Utilize professional communication skills with the members of the interdisciplinary team. (additional clinical)

**Entrance Skills**

Explains the process of safe medication administration.

**Requisite Course Objectives**

NRN 240-Describe common pharmacological agents used in the care of the childbearing family and newborns. (pharmacology)

**Entrance Skills**

Understands basic principles of pharmacology, physiologic mechanisms of drug action, and medication administration in nursing practice.

**Requisite Course Objectives**

NRN 240-Describe common pharmacological agents used in the care of the childbearing family and newborns. (pharmacology)

NRN 240-Interpret health-related education needs of the childbearing family and newborns. (health teaching)

**Lab Content**

Care of growing families in the clinical setting. Apply theoretical knowledge to the care of growing families.

**Course Objectives**

	Objectives
Objective 1	Perform an accurate client assessment of a pregnant client, a postpartum client, and a newborn.
Objective 2	Develop age-appropriate, evidence-based independent therapeutic nursing interventions when caring for infants and laboring clients.
Objective 3	Analyze fetal monitoring strips.
Objective 4	Recognize pain control modalities used during labor and evaluate appropriateness based upon client request, maternal and fetal status.
Objective 5	Use equipment to ensure client safety (to include pediatric, newborn, and fetal monitoring alarms systems).
Objective 6	Collaborate with health team members in meeting the nutritional needs of pregnant women, lactating mothers, and newborns
Objective 7	Identify legal and ethical situations involving laboring families and/or fetus and newborn.

Objective 8	Identify perinatal programs that support maternal/newborn wellness.
Objective 9	Utilize communication skills that promote caring, therapeutic relationships with childbearing families and newborn.
Objective 10	Maintain professionalism, holistic evidence based practice, communication, and safety learned in previous nursing courses.
Objective 11	Integrate the birthing families' values, beliefs, rituals, and culture by adapting into the plan of care.
Objective 12	Collaborate effectively with women, families, and interdisciplinary team members by adapting exchange of information strategies (words, actions, pictures, technology, and informatics) as best fits the learning level and needs for each woman, and her support system.

### Student Learning Outcomes

**Upon satisfactory completion of this course, students will be able to:**

Outcome 1	Demonstrate the nursing role in planning, promoting, maintaining, and restoring wellness in the laboring family and newborn.
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### Methods of Instruction

Method	Please provide a description or examples of how each instructional method will be used in this course.
Experiential	Students will have skills demonstrated by instructors in the skills lab and then will practice the skills with peers
Observation	Instructors will observe the students practicing skills and the students will perform the skills for instructor feedback and validation
Technology-based instruction	Students will have skill demonstration videos
Clinical	Direct patient care in clinical setting

### Methods of Evaluation

Method	Please provide a description or examples of how each evaluation method will be used in this course.	Type of Assignment
Critiques	Students will perform skills for the instructors for validation of competency	In and Out of Class
Field/physical activity observations	Students will be assigned to patients in the various clinical settings and the instructors will observe the students interactions with patients and clinical site staff	In and Out of Class
Tests/Quizzes/Examinations	Students will be given medication calculation assessment and 2 additional medication calculation quizzes	In Class Only
Presentations/student demonstration observations	Students are given a community project to be completed in small groups and presented to the class	In and Out of Class
Other	Clinical judgement packets	In and Out of Class
Mid-term and final evaluations	Mid term and final evaluations	In Class Only
Other	Reflective journal	Out of Class Only
Student participation/contribution	Participation in post conference discussion	In Class Only
Behavior assessment	Professional behavior with patients, staff, instructors, and peers	In and Out of Class

### Assignments

#### Other In-class Assignments

Maternal Child Clinical In-Service Poster Presentation  
Fetal monitoring workshop  
Simulation

#### Other Out-of-class Assignments

Complete reading assignments and clinical judgement packets



**Grade Methods**

Pass/No Pass Only

**MIS Course Data****CIP Code**

51.3801 - Registered Nursing/Registered Nurse.

**TOP Code**

123010 - Registered Nursing

**SAM Code**

C - Clearly Occupational

**Basic Skills Status**

Not Basic Skills

**Prior College Level**

Not applicable

**Cooperative Work Experience**

Not a Coop Course

**Course Classification Status**

Credit Course

**Approved Special Class**

Not special class

**Noncredit Category**

Not Applicable, Credit Course

**Funding Agency Category**

Not Applicable

**Program Status**

Program Applicable

**Transfer Status**

Not transferable

**General Education Status**

Y = Not applicable

**Support Course Status**

N = Course is not a support course

**Allow Audit**

No

**Repeatability**

No

**Materials Fee**

No

**Additional Fees?**

No

## Approvals

**Curriculum Committee Approval Date**

10/20/2022

**Academic Senate Approval Date**

10/27/2022

**Board of Trustees Approval Date**

12/16/2022

**Chancellor's Office Approval Date**

12/22/2022

**Course Control Number**

CCC000635142

**Programs referencing this course**

Registered Nursing AS Degree (<http://catalog.collegeofthedesert.eduundefined/?key=72>)