

NRN 130C: CONCEPTS OF NURSING: MENTAL HEALTH CLINICAL

New Course Proposal

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Originator

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Co-Contributor(s)

Name(s)

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Justification / Rationale

Major Curriculum Revision

Effective Term

Fall 2022

Credit Status

Credit - Degree Applicable

Subject

NRN - Nursing

Course Number

130C

Full Course Title

Concepts of Nursing: Mental Health Clinical

Short Title

CONC NURS: MENT HEALTH CL

Discipline

Disciplines List

Nursing

Modality

Face-to-Face

Catalog Description

This course focuses on promoting, maintaining, or restoring health of clients with alterations in mental health. Previously learned nursing principles will be used as building blocks to plan care for the needs of clients. Program concepts of professionalism, evidenced-based practice, holistic client-centered care, communication, and safety are integrated throughout the course. Students must be concurrently enrolled in NRN 130. Limitation on enrollment: Acceptance into the registered nursing program. A \$10.00 fee for malpractice insurance coverage is required for this course.

Schedule Description

This course focuses on promoting, maintaining, or restoring health of clients with alterations in mental health. Students must be concurrently enrolled in NRN 130. Limitation on enrollment: Acceptance into the registered nursing program.

Lab Units

1

Lab Semester Hours

54

In-class Hours

54

Out-of-class Hours

0

Total Course Units

1

Total Semester Hours

54

Limitation on Enrollment

Acceptance into the registered nursing program

Required Text and Other Instructional Materials**Resource Type**

Book

Open Educational Resource

No

Formatting Style

APA

Author

Townsend, M., Morgan, K.

Title

Essentials of mental health Nursing: Concepts of care in evidence-based practice

Edition

8th

City

Philadelphia

Publisher

F.A Davis

Year

2020

College Level

Yes

Flesch-Kincaid Level

38.4

ISBN #

978-0-8036-7678-7

Class Size Maximum

6

Lab Content

- Care of clients with various psychiatric disorders.

Course Objectives

| Objectives | |
|-------------|---|
| Objective 1 | Examine the nurses role in legal, ethical, and regulatory principles for clients that express suicidal ideation or is experiencing a psychotic episode. |

| | |
|-------------|--|
| Objective 2 | Implement evidence-based practice interventions focusing on client-centered relationships, milieu therapy, and biologic therapies that support psychiatric stabilization, maintenance, and relapse prevention. |
| Objective 3 | Identify various factors that impact treatment and outcomes of mental health including nutrition, culture, community, global influence, and SDH. |
| Objective 4 | Implement concepts of therapeutic communication to enhance a client-centered plan of care that decreases psychogenic pain and increases individual adherence. |
| Objective 5 | Implements appropriate safety interventions for clients experiencing acute psychiatric disorder exacerbations to ensure client remains safe and free from injury. |
| Objective 6 | Implement concepts of therapeutic communication to enhance a client-centered plan of care that decreases psychogenic pain and increases individual adherence. |
| Objective 7 | Examine clients for suicide potential with applicable risk assessment tool to promote safety and risk reduction. |
| Objective 8 | Implements appropriate safety interventions and therapeutic communication techniques for clients experiencing acute psychiatric disorder exacerbations to ensure client remains safe and free from injury. |

Student Learning Outcomes

Upon satisfactory completion of this course, students will be able to:

Outcome 1 Implement appropriate safety interventions for clients experiencing psychiatric disorders.

Methods of Instruction

| Method | Please provide a description or examples of how each instructional method will be used in this course. |
|------------------------------------|--|
| Demonstration, Repetition/Practice | Instructors will demonstrate assessment and communication to the students in the mental health setting while the students are interacting with clients |
| Participation | Students will participate and observe team meetings and counseling sessions with clients |
| Technology-based instruction | Students will participate in mental health simulations |
| Experiential | Direct patient care under instructor supervision |
| Collaborative/Team | Group Projects |
| Discussion | Post conference discussion |

Methods of Evaluation

| Method | Please provide a description or examples of how each evaluation method will be used in this course. | Type of Assignment |
|--------------------------------------|---|---------------------|
| Field/physical activity observations | Students will be assigned to clients in the mental health clinical settings and the instructors will observe the students interactions with clients and clinical site staff | In Class Only |
| Mid-term and final evaluations | A self evaluation for mid-term and a mid-term and final evaluation from the clinical instructor | In and Out of Class |
| Other | Students will complete weekly clinical judgement packets on clients they cared for. | In and Out of Class |
| Behavior assessment | Using the clinical evaluation tool to assess professional behaviors in the didactic, clinical, and on campus settings | In and Out of Class |
| Guided/unguided journals | Students will write weekly reflections | In and Out of Class |
| Student participation/contribution | Class participation in discussions, socratic questioning | In Class Only |

Assignments

Other In-class Assignments

Participate in class

View videos and additional posted resources

Participate in group discussions, group work, and critical thinking exercises

Students will be assigned clients to care for in the clinical setting

Other Out-of-class Assignments

Complete assigned computer program

Complete case studies as assigned

Complete Clinical Judgement Packets

Reflective Journals

MIS Course Data**CIP Code**

51.3801 Registered Nursing/Registered Nurse -- 51.3801 Registered Nursing/Registered Nurse -

TOP Code

123010 - Registered Nursing

SAM Code

C - Clearly Occupational

Basic Skills Status

Not Basic Skills

Prior College Level

Not applicable

Cooperative Work Experience

Not a Coop Course

Course Classification Status

Credit Course

Approved Special Class

Not special class

Noncredit Category

Not Applicable, Credit Course

Funding Agency Category

Not Applicable

Program Status

Program Applicable

Transfer Status

Not transferable

General Education Status

Y = Not applicable

Support Course Status

N = Course is not a support course

Allow Audit

No

Repeatability

No

Materials Fee

No

Additional Fees?

Yes

Additional Fee Amount

\$10.00

Additional Fees Description

Malpractice Insurance

Approvals**Curriculum Committee Approval Date**

05/03/2022

Academic Senate Approval Date

05/12/2022

Board of Trustees Approval Date

05/20/2022

Chancellor's Office Approval Date

03/27/2022

Course Control Number

CCC000630779

Programs referencing this courseRegistered Nursing AS Degree (<http://catalog.collegeofthedesert.eduundefined/?key=72>)