

# KINE 095A: KINESIOLOGY WORK EXPERIENCE

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**Originator**

amsimmons

**Justification / Rationale**

Effective date update

**Effective Term**

Spring 2020

**Credit Status**

Credit - Degree Applicable

**Subject**

KINE - Kinesiology

**Course Number**

095A

**Full Course Title**

Kinesiology Work Experience

**Short Title**

KINESIOLOGY WORK EXPER

**Discipline****Disciplines List**

Physical Education

**Modality**

Face-to-Face

**Catalog Description**

This work experience course of supervised employment is designed to assist students to acquire desirable work habits, attitudes and skills so as to enable them to become productive employees. This course also provides students with career awareness for jobs. Credit may be accrued at the rate of one to eight units per semester for a maximum of sixteen units (combined total of all Work Experience units). Additionally, students must work 75 paid hours or 60 non-paid hours per unit earned. This type of work experience is available to students whose job and educational or occupational goals are directly related to Kinesiology.

**Schedule Description**

This work experience course of supervised employment is designed to assist students to acquire desirable work habits and skills. Students must work 75 paid hours or 60 non-paid hours per unit.

**Lecture Units**

0

**Lab Units**

1-8

**Lab Semester Hours**

600

**In-class Hours**

600

**Out-of-class Hours**

0

**Total Course Units**

1-8

**Total Semester Hours**

600

**Class Size Maximum**

23

**Course Content**

1. Planned learning objectives for individual students based on job learning stations that include:
  - a. Tasks to be accomplished
  - b. How the task will be accomplished
  - c. How the tasks will be evaluated (measured) and by whom
  - d. When the tasks will be completed
2. Communication responsibilities with instructors/coordinators and employers will be the students.

**Lab Content**

1. Planned learning objectives for individual students based on job learning stations that include:
  - a. Tasks to be accomplished
  - b. How the task will be accomplished
  - c. How the tasks will be evaluated (measured) and by whom
  - d. When the tasks will be completed
2. Communication responsibilities with instructors/coordinators and employers will be the students.

**Course Objectives**

	<b>Objectives</b>
Objective 1	Demonstrate employment skills under actual working conditions.
Objective 2	Apply career goals of classroom theory to real life experience.
Objective 3	Demonstrate an increase in self-identity and confidence as a worker through individual attention given by instructor/coordinators and employers.
Objective 4	Demonstrate an understanding of their own abilities in the work environment.
Objective 5	Explain an understanding of human relations.
Objective 6	Demonstrate an understanding of how to approach the job market.
Objective 7	Apply work experience education on future job applications.
Objective 8	Develop new or expanded job objectives each semester of enrollment.

**Student Learning Outcomes**

	<b>Upon satisfactory completion of this course, students will be able to:</b>
Outcome 1	Given the task of writing three learning objectives based on work related duties, demonstrate competent and appropriate completion of each objective which increases performance, improves efficiency and enhances skills in the workplace.
Outcome 2	Given normal tasks based on actual working conditions, demonstrate competent and appropriate employment soft skills.

**Methods of Evaluation**

<b>Method</b>	<b>Please provide a description or examples of how each evaluation method will be used in this course.</b>	<b>Type of Assignment</b>
Other	Hours worked, performance on the learning objectives, attendance at scheduled conferences and orientation, completion and timelines of paperwork, on-site visit by the instructor/coordinator.	

**Assignments**
**Other In-class Assignments**

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**Other Out-of-class Assignments**

1. Development of measurable learning objectives with the employer/supervisor that are specific to the job.
2. Confer with instructor/coordinator on final learning objectives.
3. Arrange appointment to meet together with the employer/supervisor and instructor/coordinator to discuss objectives and other issues and to sign the training agreement.
4. Reflection paper (length and content to be determined).
5. Self-evaluation by the student based on the training agreement.

**Grade Methods**

Letter Grade Only

**MIS Course Data****CIP Code**

31.0507 - Physical Fitness Technician.

**TOP Code**

083520 - Fitness Trainer

**SAM Code**

C - Clearly Occupational

**Basic Skills Status**

Not Basic Skills

**Prior College Level**

Not applicable

**Cooperative Work Experience**

Occupational Coop Course

**Course Classification Status**

Credit Course

**Approved Special Class**

Not special class

**Noncredit Category**

Not Applicable, Credit Course

**Funding Agency Category**

Not Applicable

**Program Status**

Program Applicable

**Transfer Status**

Transferable to CSU only

**Allow Audit**

No

**Repeatability**

Yes

**Repeatability Limit**

3X

**Repeat Type**

Work experience

**Justification**

Work experience course

**Materials Fee**

No

**Additional Fees?**

No

**Approvals****Curriculum Committee Approval Date**

03/21/2019

**Academic Senate Approval Date**

03/28/2019

**Board of Trustees Approval Date**

05/17/2019

**Chancellor's Office Approval Date**

06/05/2019

**Course Control Number**

CCC000605955

**Programs referencing this course**

Fitness Specialist Certificate of Achievement (<http://catalog.collegeofthedesert.eduundefined?key=148/>)

Yoga Teacher Training Certificate of Achievement (<http://catalog.collegeofthedesert.eduundefined?key=187/>)

Personal Trainer Certificate of Achievement (<http://catalog.collegeofthedesert.eduundefined?key=80/>)