

Course Outline of Record

1. Course Code: KINE-087
2.
 - a. Long Course Title: Pickleball
 - b. Short Course Title: PICKLEBALL
3.
 - a. Catalog Course Description:
This course provides beginning, intermediate, and advanced instruction and practice in skills, strategies, and rules of pickle ball.
 - b. Class Schedule Course Description:
Pickle Ball is mini-tennis played indoors with wood paddles and a plastic ball.
 - c. Semester Cycle (if applicable): N/A
 - d. Name of Approved Program(s):
 - RECREATION AA Degree and Transfer Preparation
4. Total Units: 1.00 Total Semester Hrs: 36.00
 Lecture Units: 0.5 Semester Lecture Hrs: 9.00
 Lab Units: 0.5 Semester Lab Hrs: 27.00
 Class Size Maximum: 25 Allow Audit: No
 Repeatability No Repeats Allowed
 Justification 0
5. Prerequisite or Corequisite Courses or Advisories:
Course with requisite(s) and/or advisory is required to complete Content Review Matrix (CCForm I-A)
N/A
6. Textbooks, Required Reading or Software: (List in APA or MLA format.) *N/A*
7. Entrance Skills: *Before entering the course students must be able:*
 - a. Be eligible to take college credit courses.

8. Course Content and Scope:

Lecture:

1. History
2. Rules
3. Strategy
4. Decorum
5. Safety
6. Proper Form
7. Drill Progression

Lab: (if the "Lab Hours" is greater than zero this is required)

- a. Handling the racquet and preparing to hit the ball. b. Ground strokes c. The Volley d. Serving e. Returning the serve. f. Hitting the lob. g. Overhead Shots: Finishing a Point. h. Approach Shots and Drop Shots. i. Playing singles. j. Playing doubles. k. Conditioning

9. Course Student Learning Outcomes:
 1. Execute the fundamental strokes of tennis.
 2. Express an understanding of muscle memory development.
 3. Cite and apply the rules of tennis.
 4. Develop physical fitness.

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10. Course Objectives: *Upon completion of this course, students will be able to:*
- Recognize and demonstrate correct mechanical techniques of basic tennis skills.
 - Understand and properly apply the rules and strategies of the sport.
 - Demonstrate an appreciation of the sport.
 - Demonstrate an understanding of safety and injury prevention.
 - Demonstrate character and sportsmanship.
 - Demonstrate an improved physical fitness level.
11. Methods of Instruction: *(Integration: Elements should validate parallel course outline elements)*
- Activity
 - Demonstration, Repetition/Practice
 - Discussion
 - Individualized Study
 - Lecture
 - Observation
 - Role Playing
 - Self-exploration

Other Methods:

Guest speakers Student reports Audio/visual presentations

12. Assignments: *(List samples of specific activities/assignments students are expected to complete both in and outside of class.)*

In Class Hours: 36.00

Outside Class Hours: 18.00

- a. In-class Assignments

a. fitness testing b. skill testing c. goal sheets
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- b. Out-of-class Assignments

a. Skill practice b. Video viewing and analysis c. Attend local matches

13. Methods of Evaluating Student Progress: *The student will demonstrate proficiency by:*

- Written homework
- Reading reports
- Presentations/student demonstration observations
- Group activity participation/observation
- Self/peer assessment and portfolio evaluation
- Student participation/contribution
- Student preparation

14. Methods of Evaluating: Additional Assessment Information:

a. Skill Demonstration b. Multiple Choice Exams c. Attendance and Participation

15. Need/Purpose/Rationale -- *All courses must meet one or more CCC missions.*

16. Comparable Transfer Course

University System	Campus	Course Number	Course Title	Catalog Year
CSU	CSU Northridge			

17. Special Materials and/or Equipment Required of Students:

None.

18. Materials Fees: Required Material?

Material or Item

Cost Per Unit

Total Cost

19. Provide Reasons for the Substantial Modifications or New Course:

periodic course review

20. a. Cross-Listed Course (Enter Course Code): *N/A*
 b. Replacement Course (Enter original Course Code): *N/A*

21. Grading Method (choose one): Letter Grade Only

22. MIS Course Data Elements

- a. Course Control Number [CB00]: CCC000523859
- b. T.O.P. Code [CB03]: 83500.00 - Physical Education
- c. Credit Status [CB04]: D - Credit - Degree Applicable
- d. Course Transfer Status [CB05]: C = Non-Transferable
- e. Basic Skills Status [CB08]: 2N = Not basic skills course
- f. Vocational Status [CB09]: Not Occupational
- g. Course Classification [CB11]: Y - Credit Course
- h. Special Class Status [CB13]: N - Not Special
- i. Course CAN Code [CB14]: *N/A*
- j. Course Prior to College Level [CB21]: Y = Not Applicable
- k. Course Noncredit Category [CB22]: Y - Not Applicable
- l. Funding Agency Category [CB23]: Y = Not Applicable
- m. Program Status [CB24]: 1 = Program Applicable

Name of Approved Program (if program-applicable): *N/A*

Attach listings of Degree and/or Certificate Programs showing this course as a required or a restricted elective.)

23. Enrollment - Estimate Enrollment

First Year: 15
 Third Year: 28

24. Resources - Faculty - Discipline and Other Qualifications:

- a. Sufficient Faculty Resources: Yes
- b. If No, list number of FTE needed to offer this course: *N/A*

25. Additional Equipment and/or Supplies Needed and Source of Funding.

None.

26. Additional Construction or Modification of Existing Classroom Space Needed. (Explain:)

N/A

27. FOR NEW OR SUBSTANTIALLY MODIFIED COURSES

Library and/or Learning Resources Present in the Collection are Sufficient to Meet the Need of the Students Enrolled in the Course: Yes

28. Originator Wendy Ansley Origination Date 09/10/15