

HSAD 036: COUNSELING DIVERSE POPULATIONS

Originator

cjonescage

Justification / Rationale

Adding Missing C-ID

Effective Term

Fall 2023

Credit Status

Credit - Degree Applicable

Subject

HSAD - Human Services/Alcohol Drug

Course Number

036

Full Course Title

Counseling Diverse Populations

Short Title

COUNS DIVERSE POPULATNS

Discipline**Disciplines List**

Addiction Paraprofessional Training

Modality

Face-to-Face

100% Online

Catalog Description

This counseling course introduces students to multicultural counseling and skills used to support diverse populations in the substance abuse treatment environment. This course surveys the history and experiences of many populations and provides current intervention modalities. This course can be taken concurrently with HSAD-001, if HSAD-001 not previously completed. C-ID: ADS 195X

Schedule Description

This counseling course introduces students to multicultural counseling and skills used to support diverse populations in the substance abuse treatment environment. Prerequisite: HSAD-001 or concurrent enrollment

Lecture Units

3

Lecture Semester Hours

54

Lab Units

0

In-class Hours

54

Out-of-class Hours

108

Total Course Units

3

Total Semester Hours

162

Prerequisite Course(s)

HSAD 001 or concurrent enrollment

Required Text and Other Instructional Materials**Resource Type**

Book

Author

Sue. D.W. Sue. D.

Title

Counseling the Culturally Diverse: Theory and practice

Edition

8th

City

Hoboken, NJ

Publisher

John Wiley and son

Year

2019

College Level

Yes

Flesch-Kincaid Level

11.4

ISBN #

978-1-119-44824-2

Class Size Maximum

45

Entrance Skills

Recognize the Diagnostic and Statistical Manual of Mental Disorders interpretation of substance abuse and dependence.

Requisite Course Objectives

HSAD 001-Recognize the current Diagnostic and Statistical Manual of Mental Disorders for substance use disorders.

Entrance Skills

Describe economic factors, such as, the cost of various legal and illegal drugs, the profit resulting from the sale of drugs, the expense of the law enforcement, education, prevention, treatment programs, set the parameters that impact the formulation of policy and helps to determine the actions, reactions and attitudes to drug abuse.

Requisite Course ObjectivesHSAD 001-Describe economic factors, such as, the cost of various legal and illegal drugs, the profit resulting from the sale of drugs, the expense of the law enforcement, education, prevention, treatment programs, set the parameters that impact the formulation of policy and helps to determine the actions, reactions and attitudes to drug abuse.

Entrance Skills

Recognize the facts as they pertain to drug use and abuse.

Requisite Course Objectives

HSAD 001-Recognize the facts as they pertain to drug use and abuse

Entrance Skills

Identify the different modalities utilized in education, prevention, treatment, intervention, recovery and relapse.

Requisite Course Objectives

HSAD 001-Identify the different modalities utilized in education, prevention, treatment, intervention, recovery and relapse.

Entrance Skills

Define the terms associated with drug use and abuse.

Requisite Course Objectives

HSAD 001-Define the terms associated with drug use and abuse.

Entrance Skills

Identify the dynamics and interaction of family life, work life, social life, and recreational activities resulting in the use of drugs.

Requisite Course Objectives

HSAD 001-Identify the dynamics and interaction of family life, work life, social life, and recreational activities resulting in the use of drugs.

Entrance Skills

Recognize risk and protective factors correlated with drug abuse and dependence.

Requisite Course Objectives

HSAD 001-Recognize risk and protective factors correlated with drug abuse and dependence.

Course Content

1. Dimensions of multicultural counseling and therapy (MCT): political, affective, sociocultural
2. Barriers in multicultural counseling and therapy: language, class, stereotypes
3. Multicultural family counseling and techniques
4. Racial cultural identity development
5. White racial identity
6. African Americans
7. American Indians/Alaskan natives
8. Asian Americans
9. Latino/a Americans
10. Arab Americans
11. Jewish Americans
12. Immigrants
13. Refugees
14. Gay/lesbian/bisexual/transgender
15. Older adults
16. Women
17. Individuals with disabilities

Course Objectives

Objectives	
Objective 1	Identify the sociocultural issues affecting multicultural counseling.
Objective 2	Describe the biopsychosocial consequences of oppression, racism, discrimination, and stereotyping
Objective 3	Identify barriers to multicultural counseling and develop skills in appropriate intervention strategies.
Objective 4	Develop an awareness of cultural identity development, values, biases, and worldviews in themselves and others.
Objective 5	Construct cultural knowledge about racial and ethnic groups, increase sensitivity and decrease misinterpretation.
Objective 6	Identify and practice culturally relevant counseling strategies and techniques for each multicultural group.
Objective 7	Develop treatment plans and guidance lessons to address areas of concerns of different multicultural groups.
Objective 8	Examine the counselors' role with special populations and their unique problems and concerns.
Objective 9	Develop an ongoing interest in continuing learning about and including multicultural knowledge and skills in their professional work as counselors.

Student Learning Outcomes

Upon satisfactory completion of this course, students will be able to:	
Outcome 1	Identify and explain major the elements of multicultural counseling and therapy.
Outcome 2	Recognize and evaluate verbal, behavioral and affective issues associated with different cultures relevant to substance abuse counseling.
Outcome 3	Demonstrate multicultural counseling techniques in training and practice.

Methods of Instruction

Method	Please provide a description or examples of how each instructional method will be used in this course.
Discussion	Students will engage in whole class and group discussions about the curriculum content, readings and other relevant topics.
Technology-based instruction	Students will compose and edit their writing on computers and may use online databases to conduct research.
Participation	Students will participate in class discussions, role playing activities and assignments.
Lecture	Instructors will lecture on key curriculum topics as a way to establish context for readings, assignments, exams and discussions.
Collaborative/Team	Students will work in groups on assigned topics and readings and assignments.
Demonstration, Repetition/Practice	Students will demonstrate an understanding of the writing assignments/ essays.

Methods of Evaluation

Method	Please provide a description or examples of how each evaluation method will be used in this course.	Type of Assignment
College level or pre-collegiate essays	Students will generate 2 -4 essays; 80% written during out of class instruction time; 20% during in-class instruction time per week.	In and Out of Class
Student participation/contribution	Students will actively participate appropriately in class discussions, exercises, and presentations 70% will take during in-class instruction time per week and 30% during out of the classroom instruction (take home a prompt to complete and discuss next meeting).	In and Out of Class
Tests/Quizzes/Examinations	Students will complete assessments on course concepts. They will include short answer, multiple choice/true/false questions, and/or in class essays 80% during in-class instruction and 20% out of the classroom. Minimum of two examinations.	In and Out of Class

Group activity participation/observation	Students will observe speakers and visual content which may include individual or groups activities to process the materials for clinical practice.	In Class Only
Written homework	Students will regularly complete homework assignments, which may reading, written assignments/reflections,	Out of Class Only

Assignments

Other In-class Assignments

1. Take detailed notes on lectures and presentations
2. Watch DVDs/visuals
3. Case study reviews
4. Group discussions

Other Out-of-class Assignments

Read the textbook and all the recommended literature.

Grade Methods

Letter Grade Only

Distance Education Checklist

Instructional Materials and Resources

If you use any other technologies in addition to the college LMS, what other technologies will you use and how are you ensuring student data security?

NA

If used, explain how specific materials and resources outside the LMS will be used to enhance student learning.

NA

Effective Student/Faculty Contact

Which of the following methods of regular, timely, and effective student/faculty contact will be used in this course?

Within Course Management System:

Chat room/instant messaging
 Discussion forums with substantive instructor participation
 Online quizzes and examinations
 Private messages
 Regular virtual office hours
 Timely feedback and return of student work as specified in the syllabus
 Weekly announcements

External to Course Management System:

Direct e-mail
 Posted audio/video (including YouTube, 3cm mediasolutions, etc.)

Briefly discuss how the selected strategies above will be used to maintain Regular Effective Contact in the course.

Students will regularly complete assignments in discussion thread and assignments. They receive regular feedback from the instructor on their written assignments and discussion threads.

If interacting with students outside the LMS, explain how additional interactions with students outside the LMS will enhance student learning.

Students have the opportunity to contact their instructor on the phone or through email, which offers another way for them to receive feedback and assistance on the course. In addition, they may be directed to open-source materials.

Other Information

MIS Course Data

CIP Code

51.1501 - Substance Abuse/Addiction Counseling.

TOP Code

210440 - Alcohol and Controlled Substances

SAM Code

C - Clearly Occupational

Basic Skills Status

Not Basic Skills

Prior College Level

Not applicable

Cooperative Work Experience

Not a Coop Course

Course Classification Status

Credit Course

Approved Special Class

Not special class

Noncredit Category

Not Applicable, Credit Course

Program Status

Program Applicable

Transfer Status

Not transferable

General Education Status

Y = Not applicable

Support Course Status

N = Course is not a support course

C-ID

ADS 195 X

Allow Audit

No

Repeatability

No

Materials Fee

No

Additional Fees?

No

Approvals

Curriculum Committee Approval Date

11/3/2020

Academic Senate Approval Date

11/12/2020

Board of Trustees Approval Date

12/18/2020

Course Control Number

CCC000174751

Programs referencing this courseAlcohol and Drug Studies Certificate of Achievement (<http://catalog.collegeofthedesert.eduundefined/?key=147>)Alcohol and Drug Studies AS Degree (<http://catalog.collegeofthedesert.eduundefined/?key=66>)