

DSPS 313: SOCIAL SKILLS 2 FOR STUDENTS WITH DISABILITIES

New Course Proposal

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Originator

dologhlin

Justification / Rationale

As increasing numbers of students with disabilities attend college, there is a need for additional program and service support to ensure access and equity to these students. Many students with disabilities are attending college with limitations specifically related to appropriate social skills. Poor social skills can negatively influence the student's educational experience, which can then lead to poor outcomes in the college setting. This course is designed to support students in improving both their in-person and online social skills.

Effective Term

Fall 2020

Credit Status

Noncredit

Subject

DSPS - Disabled Students

Course Number

313

Full Course Title

Social Skills 2 for Students with Disabilities

Short Title

SOCIAL SKILLS 2-DSPS

Discipline

Disciplines List

Disabled Student Programs and Services (DSPS)

Modality

Face-to-Face

Catalog Description

This course is designed for student with disabilities who want to continue to learn how to improve in-person and online social skills. This course will cover social skills related to interacting with strangers, acquaintances, friends, and personal relationships. Further, this course will cover skills for self-regulation, assertiveness, handling teasing and bullying, rumors and gossip, conflict and disagreements, and engaging at social events.

Schedule Description

This course is an intermediate course designed for student with disabilities who want to continue to learn how to improve in-person and online social skills.

Non-credit Hours

54

In-class Hours

54

Out-of-class Hours

0

Total Semester Hours

54

Override Description

Noncredit course.

Required Text and Other Instructional Materials**Resource Type**

Book (Recommended)

Open Educational Resource

No

Author

Temple Grandin, PhD and Sean Barron

Title

Unwritten Rules of Social Relationships

Edition

2nd

Publisher

Future Horizons, ISBN#1941765386

Year

2017

Class Size Maximum

12

Course Content

Strangers and acquaintances
Engaging in short conversations
Greetings and introductions
Meeting people
Defining friendships
Making friends
Different types of friendships
Coping with peer pressure
Establishing boundaries
Coping with friendship challenges
Skills and behaviors for healthy friendships
Identifying a potential relationship
Extending an invitation
Topics to discuss
Establishing and respecting boundaries
Authority figures
Defining authority figures
Asking for assistance
Offering help
Self-protection
Safe interactions
Social Skills for Various Environments
Community

Academic
Employment
Self-Regulation
Recognizing feelings
Expressing feelings
Coping with feelings
Monitoring behavior
Self-talk
Self-control
Assertive versus aggressive
When and how to be assertive
Assisting Others
Responding to a request for assistance
Volunteering to provide assistance
When not to get involved
Defining teasing
Defining bullying
Recognizing bullies
Recognizing feelings of being teased and bullied
Recognizing being the bully
Responding to teasing and bullying
Defining a rumor
Defining gossip
Recognizing rumors
Recognizing feelings caused by gossip and rumors
Responding to gossip and rumors
Accepting feedback
Handling constructive feedback
Handling embarrassing feedback
Conflict and Disagreements
Identifying when a conflict or disagreement exists
Remaining calm
Identifying potential causes of the conflict or disagreement
Expressing oneself during a conflict or disagreement
Techniques for discussing problems
"I" messages
Active listening
Listening to perspectives of others during conflict or disagreement
Apologizing
Working to identify a solution
Coping with challenging people
Social Events
Rules for social events
Appropriate locations
Appropriate individuals
Appropriate activities
Planning a social event
Before the social event
During the social event
Ending a social event

Course Objectives

Objectives	
Objective 1	Demonstrate ability to show respect and maintain a positive attitude.
Objective 2	Demonstrate improvement of in-person and online conversational skills.
Objective 3	Develop and discuss strategies for building relationships with others.
Objective 4	Differentiate and list strategies to manage conflict.
Objective 5	Describe areas that can be challenging for the individual in a social setting.

Student Learning Outcomes

Upon satisfactory completion of this course, students will be able to:	
Outcome 1	Demonstrate effective communication skills.
Outcome 2	Demonstrate interpersonal skills by learning and working cooperatively in a diverse environment.
Outcome 3	Utilize critical thinking skills to solve problems independently, cooperatively, and to make decisions.

Methods of Instruction

Method	Please provide a description or examples of how each instructional method will be used in this course.
Role Playing	Class and small group activities such as role playing challenging social situations.
Lecture	Lecture on unstated rules of communication, reading body language and facial expressions.
Discussion	Discussion of appropriate social skills in various environments, using self regulation, assertiveness, assisting others, how to recognize and respond to teasing, bullying, rumors and gossip, appropriate handling of feedback, conflict and disagreements, and behavior in a variety of social events.
Observation	Participation in small group and class activities and discussions including handling of challenging social situations including expression of feelings, opinions and contributing to team efforts.
Journal	Journal entries completed weekly by will be utilized to document specific social skill challenges experienced during and out of class, along with analysis of outcomes and ways to improve these in the future/

Methods of Evaluation

Method	Please provide a description or examples of how each evaluation method will be used in this course.	Type of Assignment
Group activity participation/observation	Assessment based on observation of specific social skills learned.	In Class Only
Presentations/student demonstration observations	Presentation of specific appropriate versus inappropriate social interactions.	In Class Only
Guided/unguided journals	Journal used to document and evaluate social interactions outside of class and discussed in class.	In and Out of Class
Tests/Quizzes/Examinations	Exam will measure acquisition of unwritten social skills/norms and etiquette.	In Class Only

Assignments
Grade Methods

Pass/No Pass Only

MIS Course Data
CIP Code

35 0199 - Interpersonal Social Skills, Other. - 35 0199 - Interpersonal Social Skills, Other.

TOP Code

493031 - Living Skills, Handicapped

SAM Code

E - Non-Occupational

Basic Skills Status

Not Basic Skills

Prior College Level

Not applicable

Cooperative Work Experience

Not a Coop Course

Course Classification Status

Non-Enhanced Funding

Approved Special Class

Approved for special class for students with disabilities

Noncredit Category

Substantially Disable

Funding Agency Category

Not Applicable

Program Status

Stand-alone

Transfer Status

Not transferable

Allow Audit

No

Repeatability

Yes

Repeatability Limit

3X

Repeat Type

Noncredit

Justification

Students with disabilities may need to repeat this class several times to acquire these skills.

Materials Fee

No

Additional Fees?

No

Files Uploaded**Attach relevant documents (example: Advisory Committee or Department Minutes)**

Fall 2018-19 DSPPS Advisory Committee Meeting Minutes October 2018.pdf

Approvals**Curriculum Committee Approval Date**

11/05/2019

Academic Senate Approval Date

11/14/2019

Board of Trustees Approval Date

12/19/2019

Chancellor's Office Approval Date

01/10/2020

Course Control Number

CCC000611562